

This I Believe – Narrowing it down and supporting your belief

Once you've selected a belief...

At the **top** of your **brainstorming document**, write out this sentence:

- *I believe (in/that) _____.*
 - (State your belief clearly in one short sentence.)

Now, write a short paragraph describing your belief in more detail. What exactly does it mean for you? Why is it important to you? How do you try to live your belief? Optionally, why might this belief be important to other people?

Below your belief statement and paragraph, **list** 3-4 anecdotes from your life that either illustrate this belief in action, show the formation of this belief, or both. Don't yet write them out.

Once you have these anecdotes listed, now you can start telling these stories. Use as much detail as possible. For each one:

- Who was there?
- Where was "there?"
- Why were you there?
- What was said?
- What was done?
- Why do you remember this event?
- How does it connect to your belief?